

Fitness Range

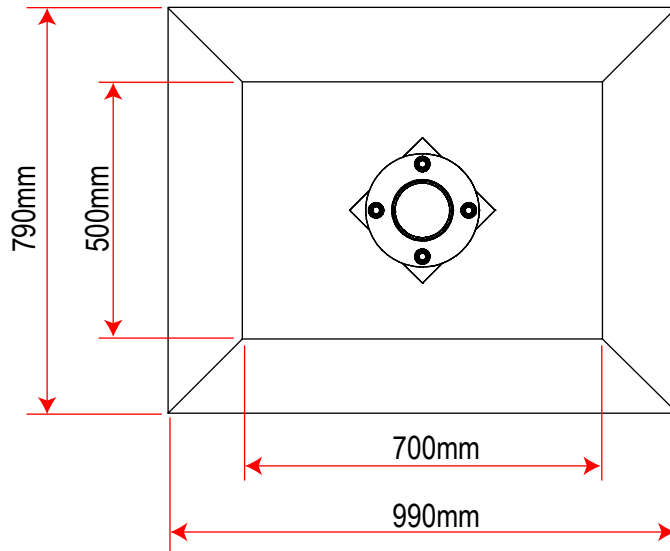
FS001N, FS002N, FS003N, FS004N,
FS005N, FS007N, FS008N, FS009N,
FS010N, FS011N, FS015N, FS016N



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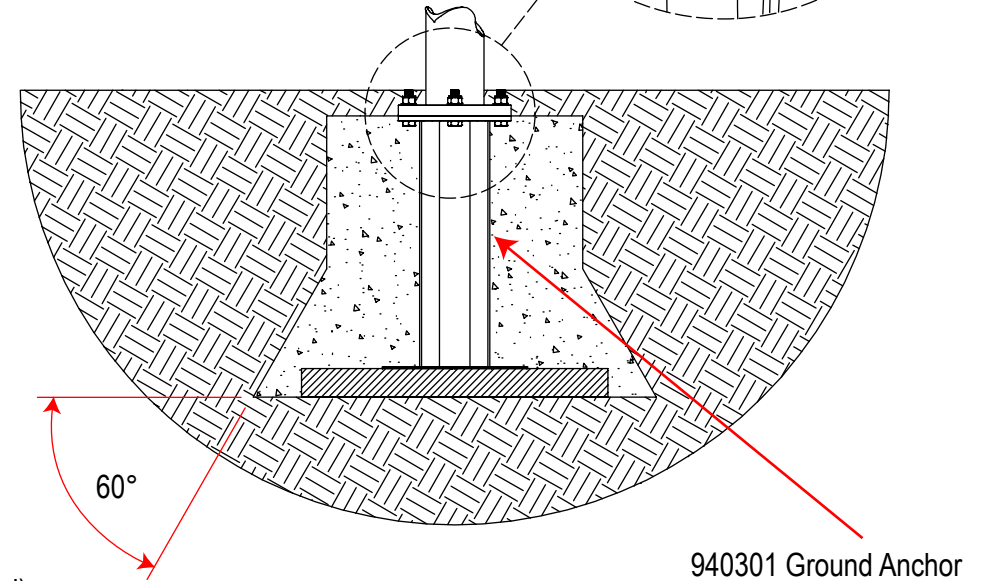
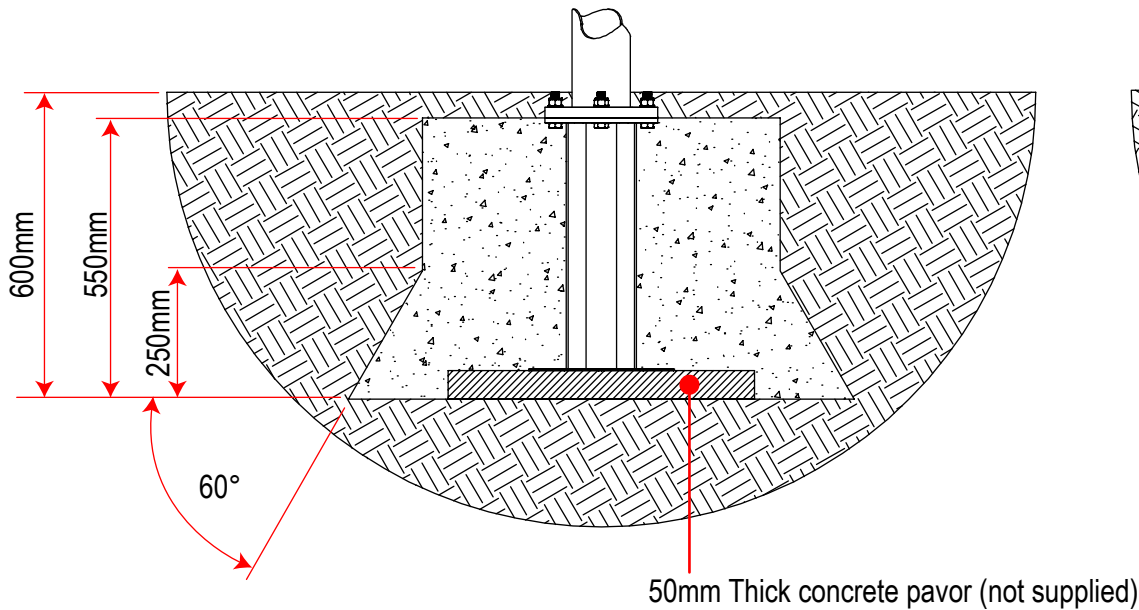
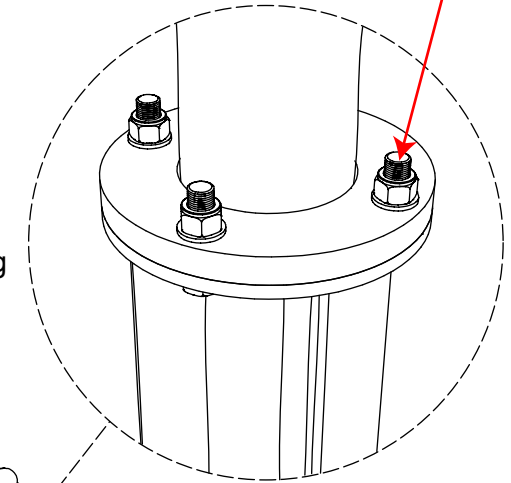
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Fitness Range Ground Anchor

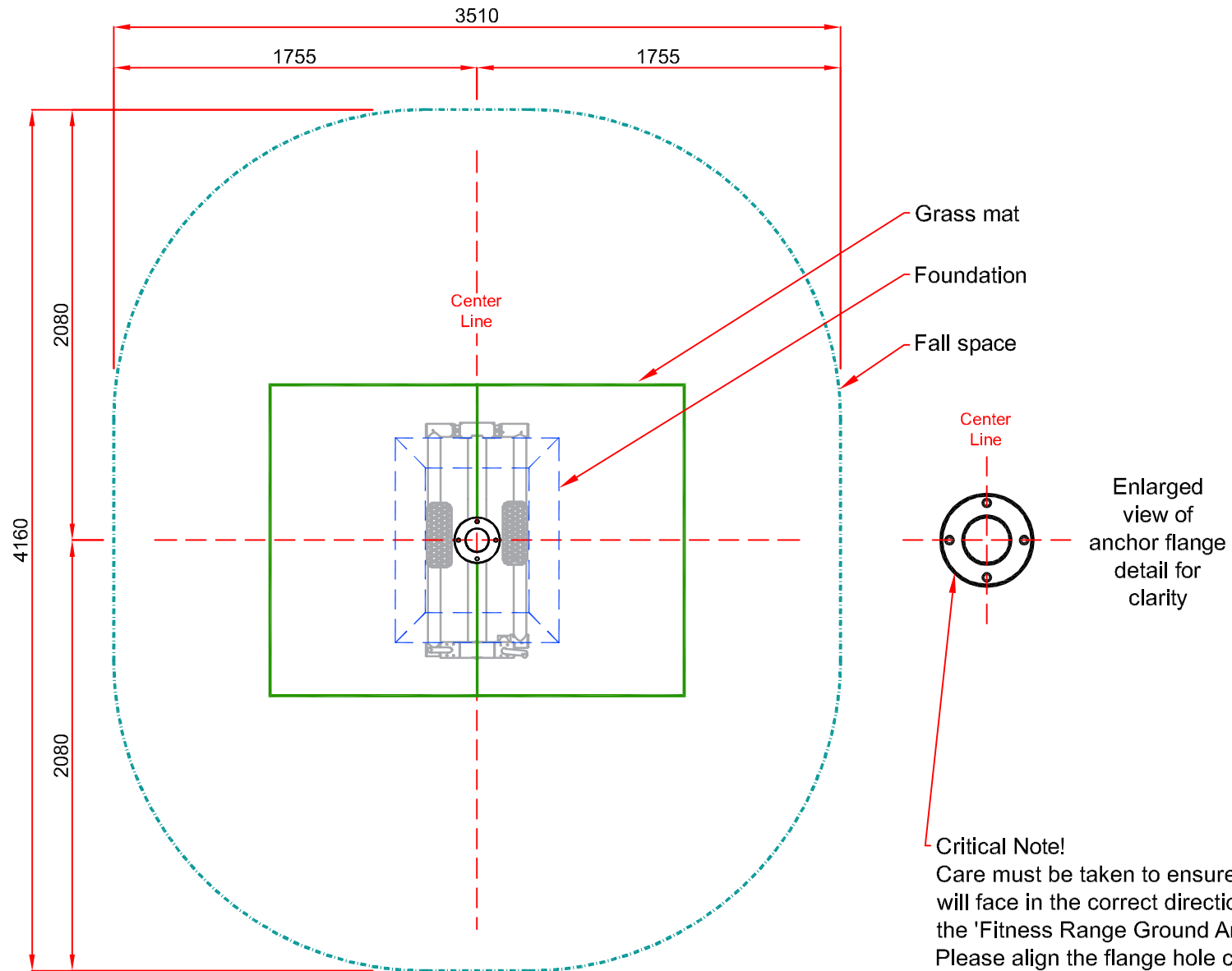


1. Excavate Footings as indicated. **Please note the orientation of the rectangular excavation, relative to the orientation of the the fitness product, as indicated on the following pages**
2. Position ground anchor (940301) centrally in previously excavated footings ensuring it is level and plumb, brace if necessary. **NOTE: please refer to pages following for correct orientation of specific fitness items**
3. Backfill with 4:2:1 mix to depth indicated
4. Allow 120 hours for concrete to cure prior to fitting the specific Fitness range upper unit
5. Fit unit to anchor using 4 No M16 Lock nuts (10261600) c/w 4 No M16 washers (10291600). Tighten nuts to 120Nm
6. Backfill 50mm with previously excavated top soil

10261600 M16 Nylock Nuts (4 No)
10291600 M16 Washers (4 No)

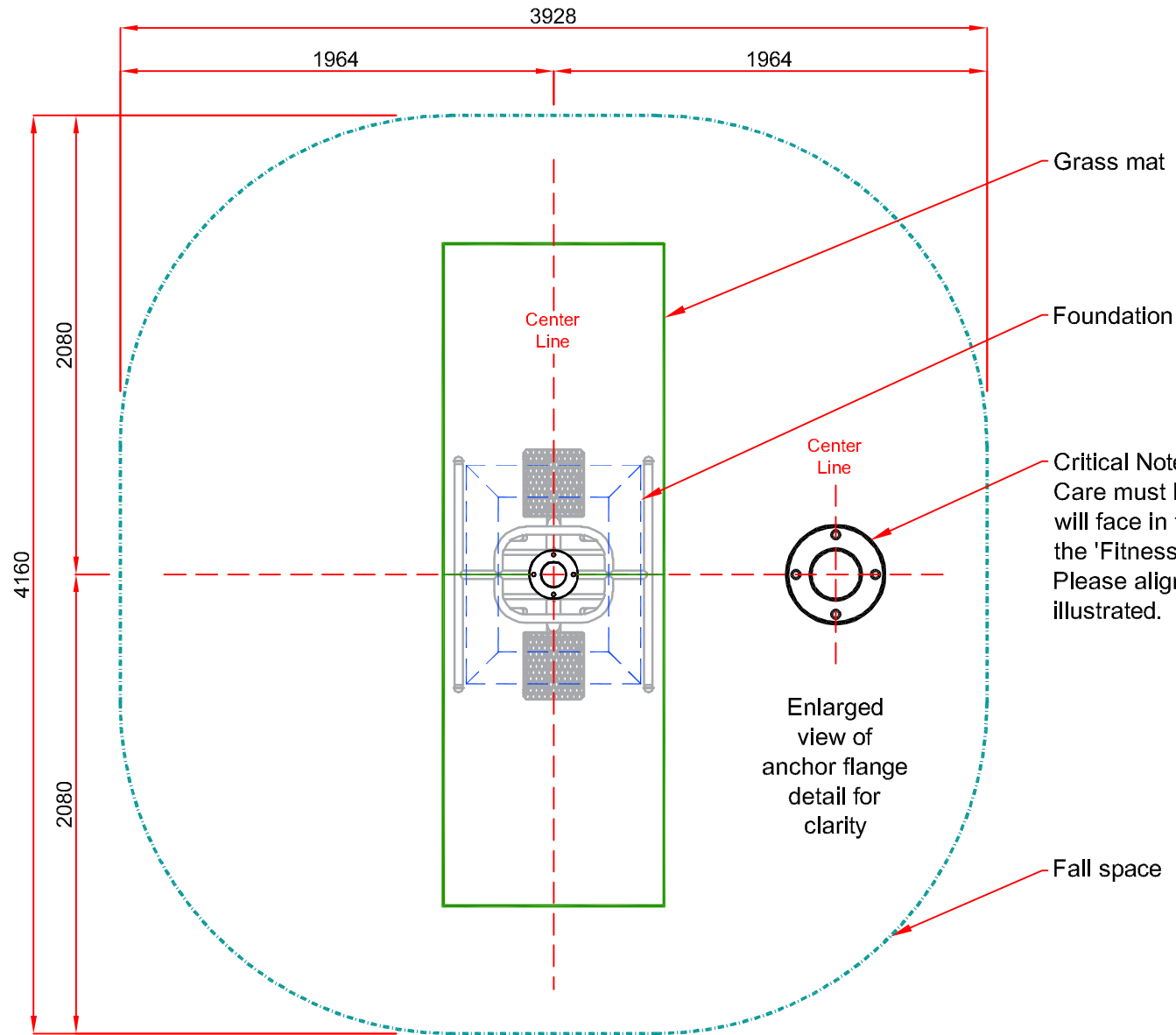


FS001N Ski Stepper



Critical Note!
Care must be taken to ensure the equipment will face in the correct direction whilst installing the 'Fitness Range Ground Anchor'. Please align the flange hole centers as illustrated.

FS002N Mini Ski



Grass mat

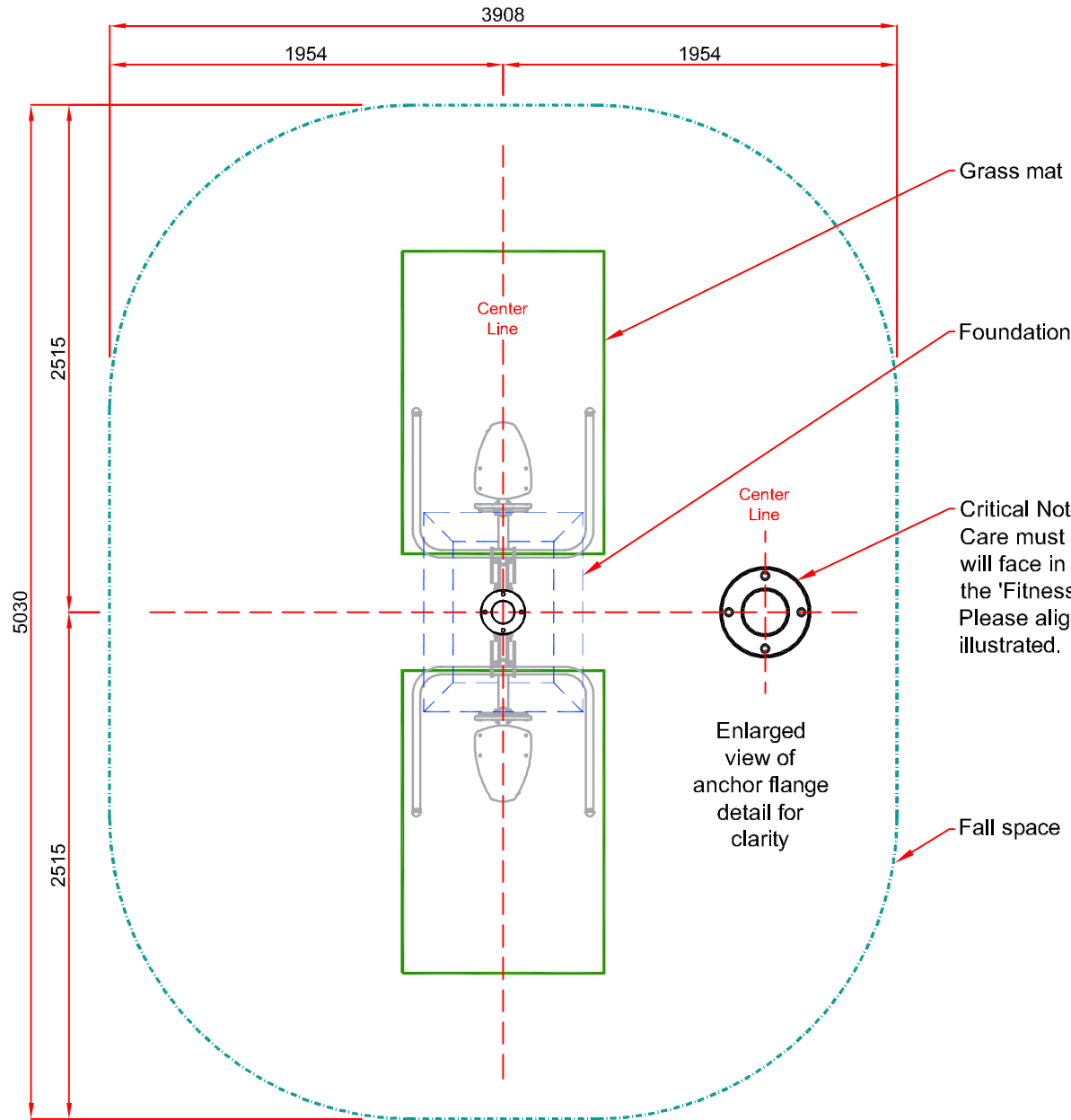
Foundation

Critical Note!

Care must be taken to ensure the equipment will face in the correct direction whilst installing the 'Fitness Range Ground Anchor'. Please align the flange hole centers as illustrated.

Fall space

FS003N Pull Down Challenger



Grass mat

Foundation

Critical Note!
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Enlarged view of anchor flange detail for clarity

Fall space



FS004N Sit-up



Grass mat

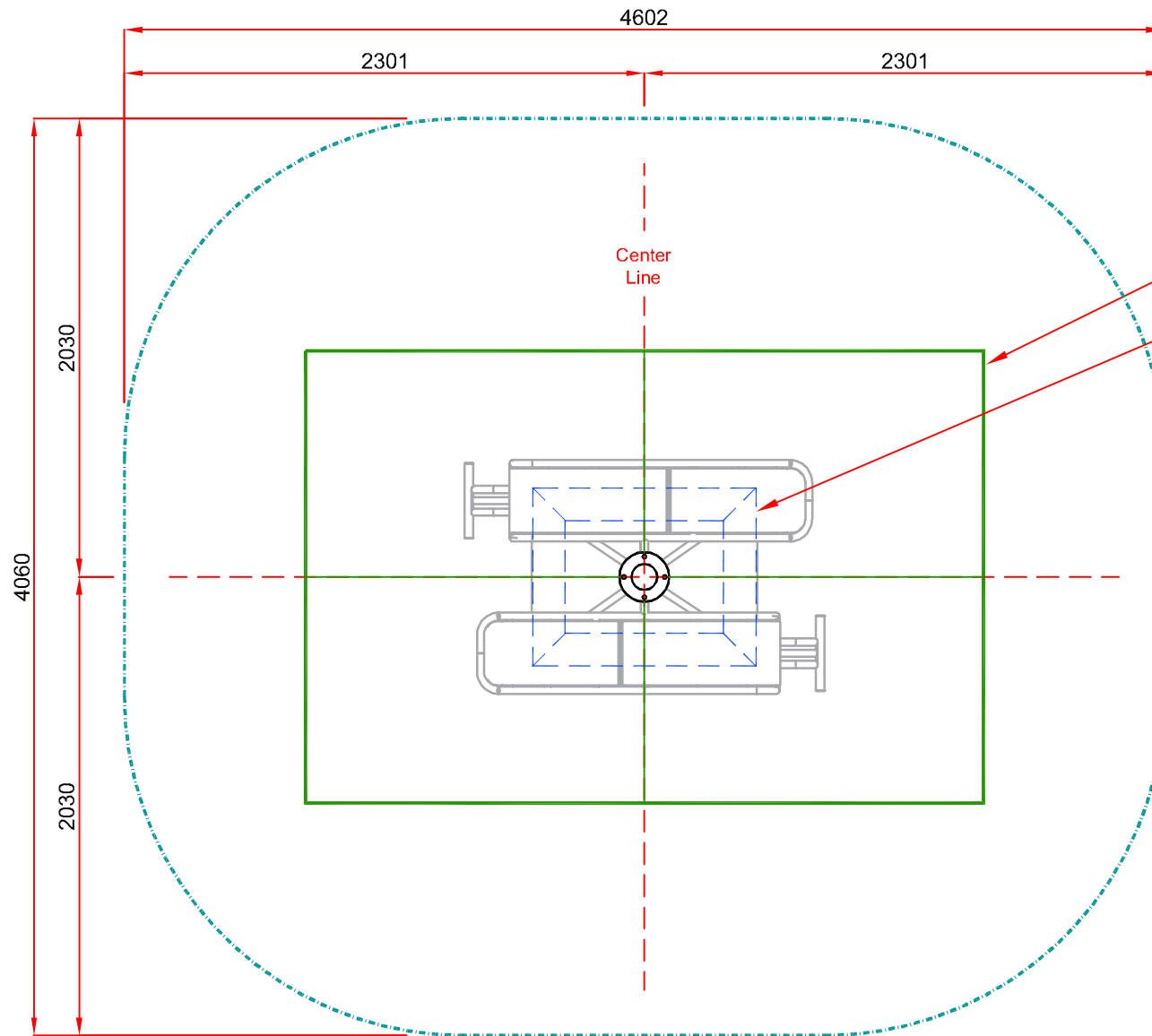
Foundation

Fall space

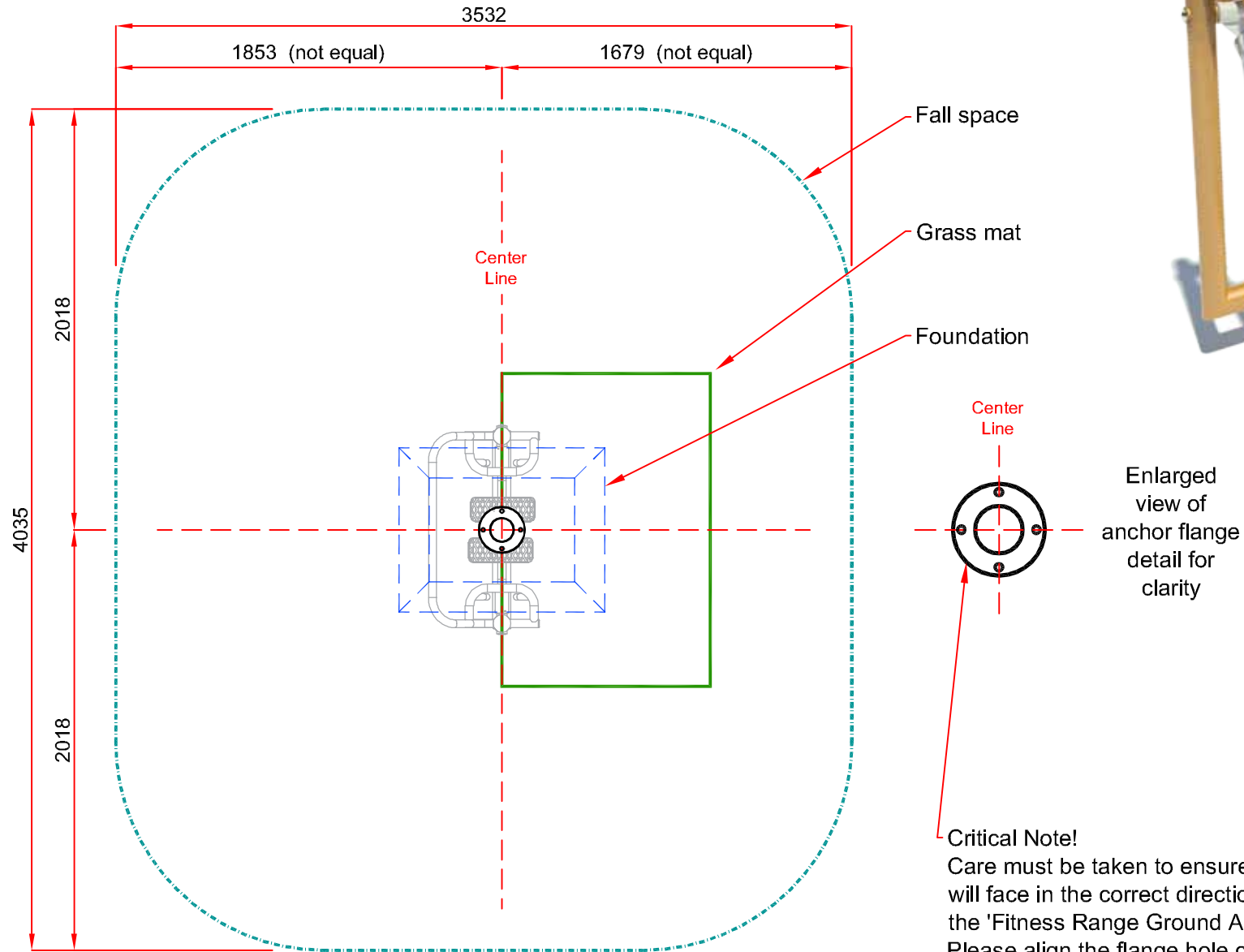
Center Line

Enlarged view of anchor flange detail for clarity

Critical Note!
Care must be taken to ensure the equipment will face in the correct direction whilst installing the 'Fitness Range Ground Anchor'. Please align the flange hole centers as illustrated.

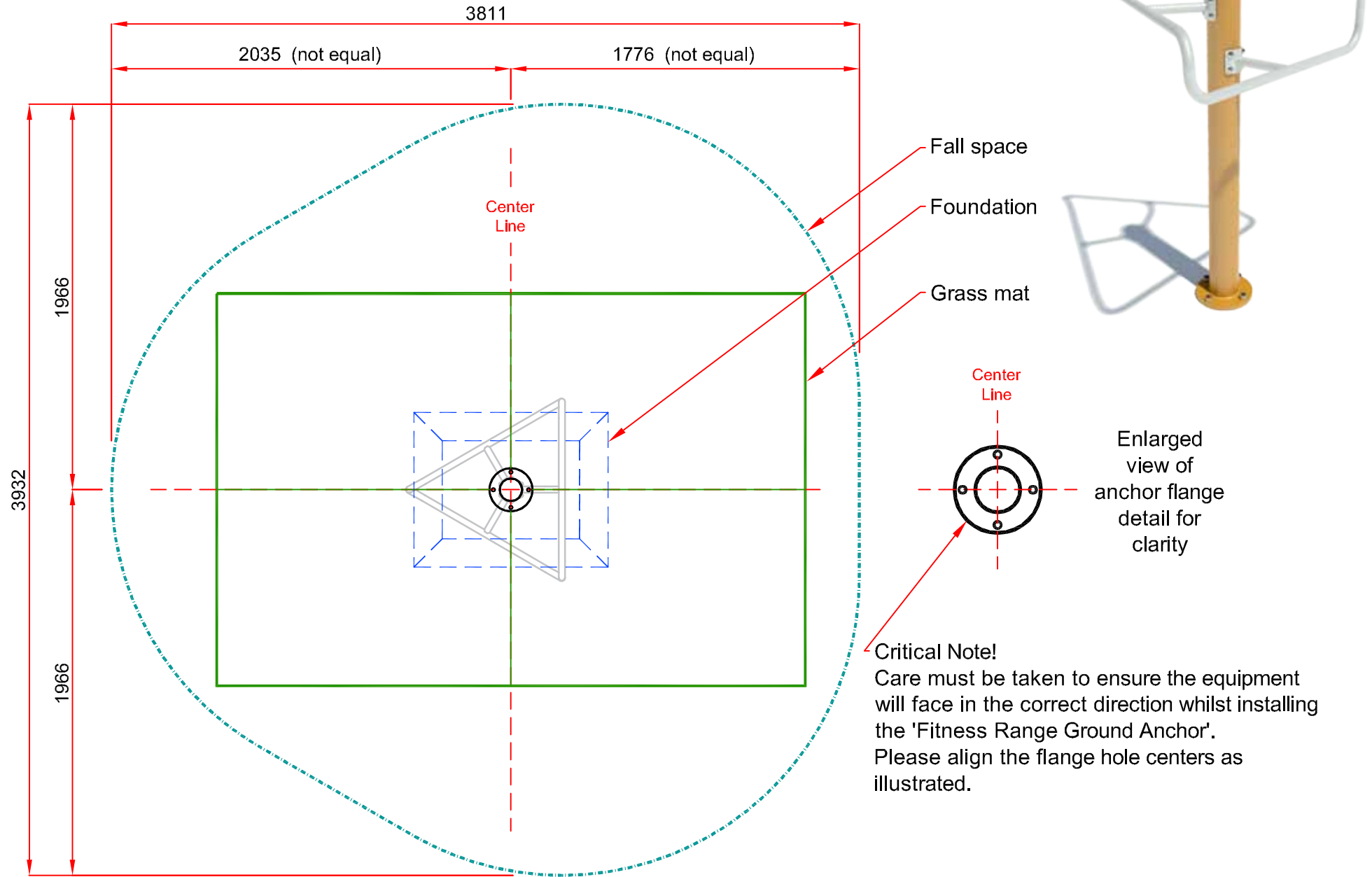


FS005N Health Walker

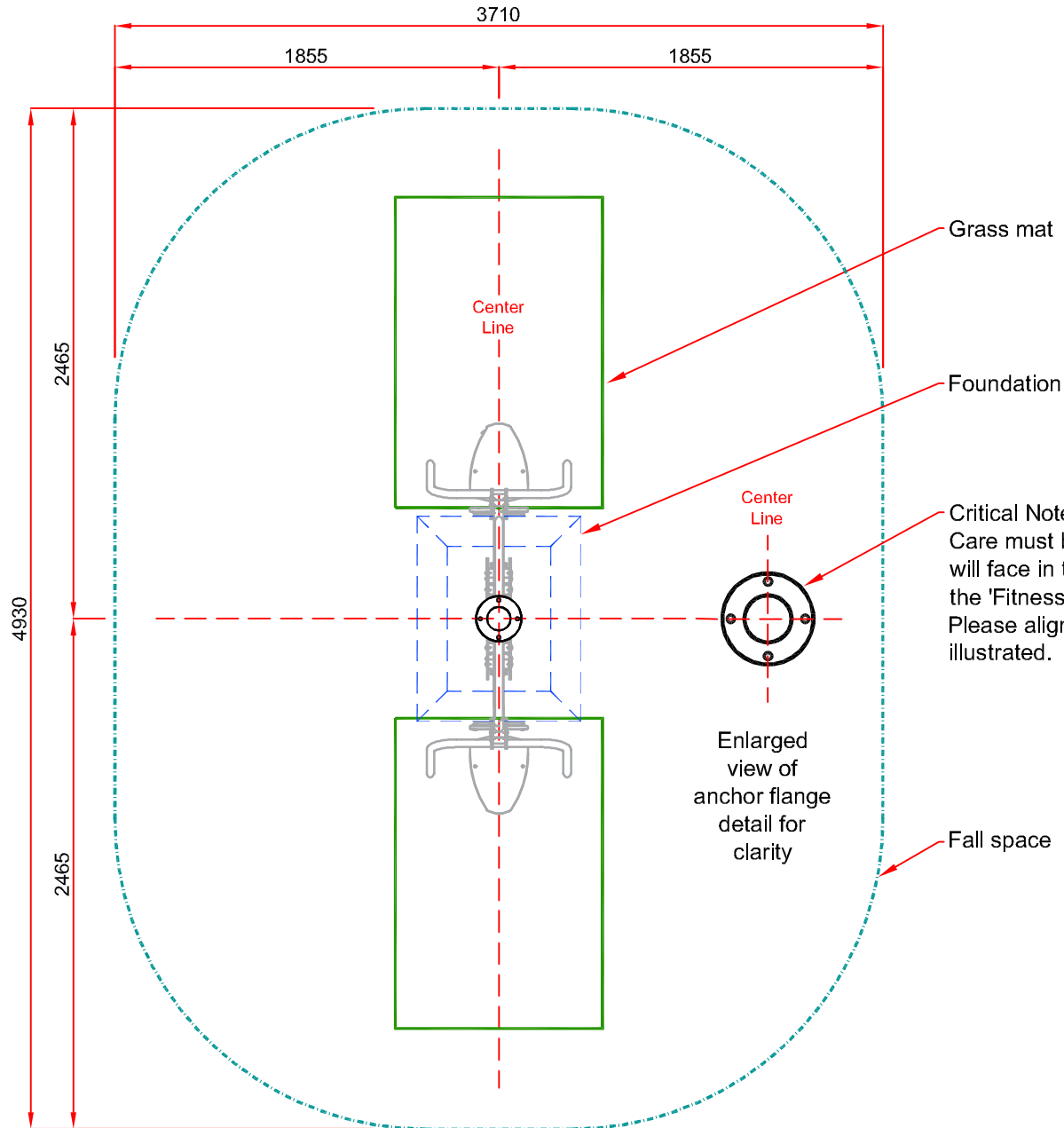


Critical Note!
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FS007N Leg Stretch



FS008N Power Push



Grass mat

Foundation

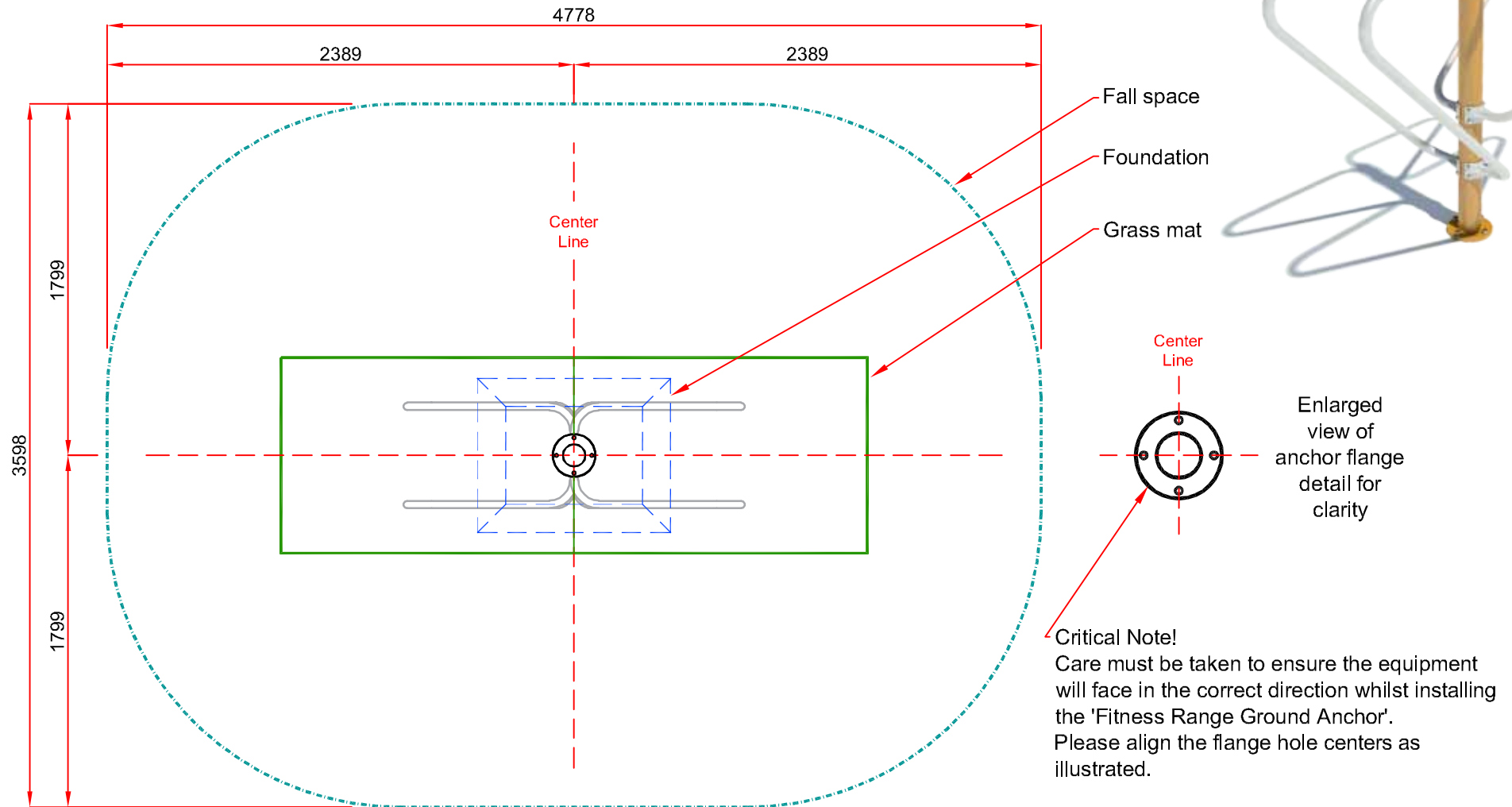
Critical Note!

Care must be taken to ensure the equipment will face in the correct direction whilst installing the 'Fitness Range Ground Anchor'. Please align the flange hole centers as illustrated.

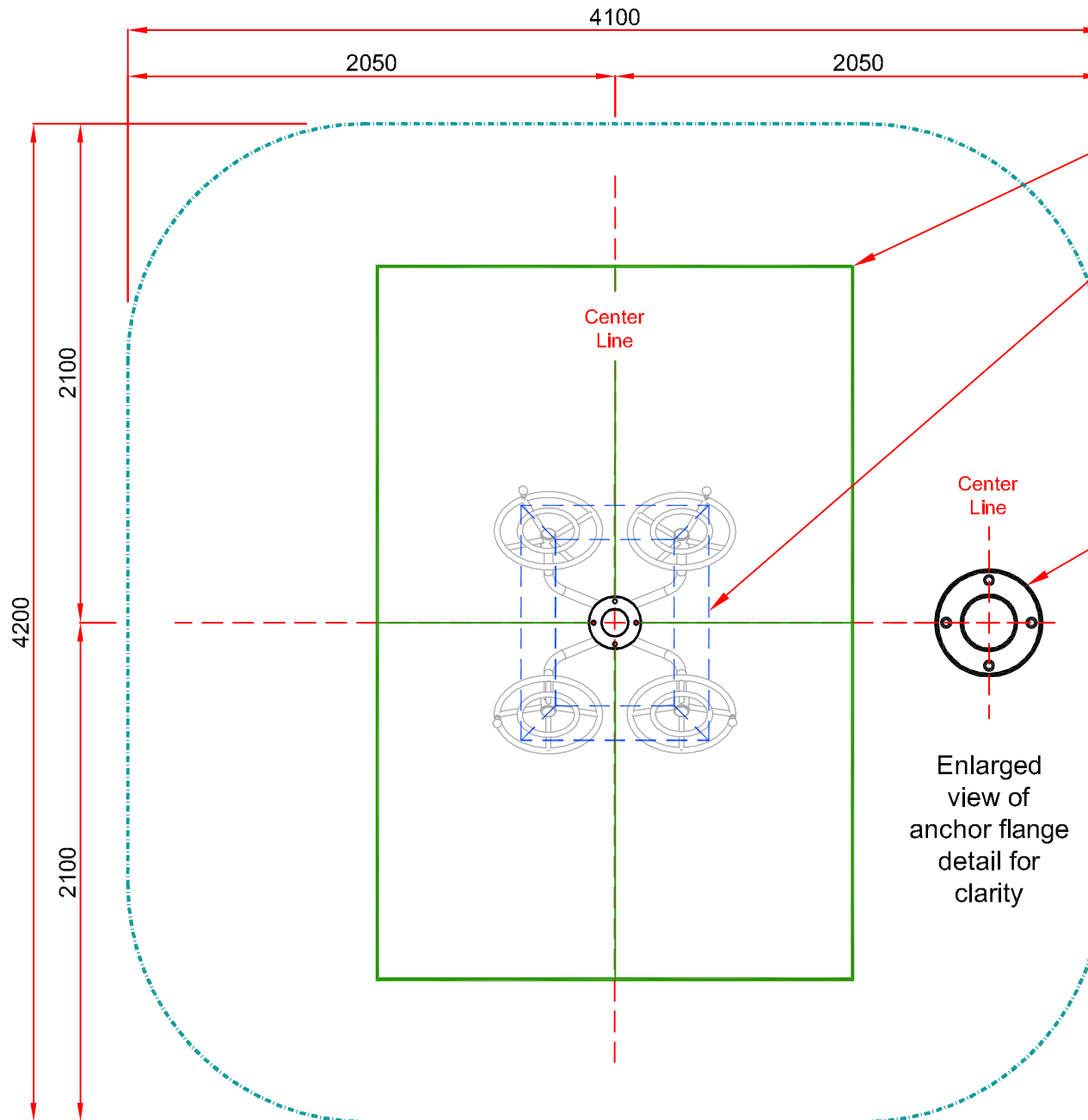
Fall space

Enlarged view of anchor flange detail for clarity

FS009N Parallel Rails



FS010N Push Hands



Grass mat

Foundation

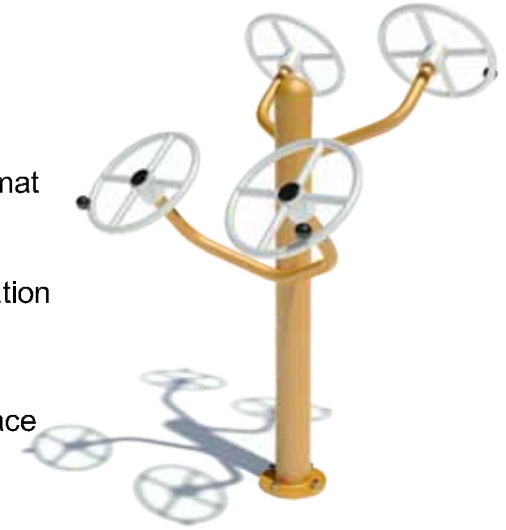
Fall space

Critical Note!

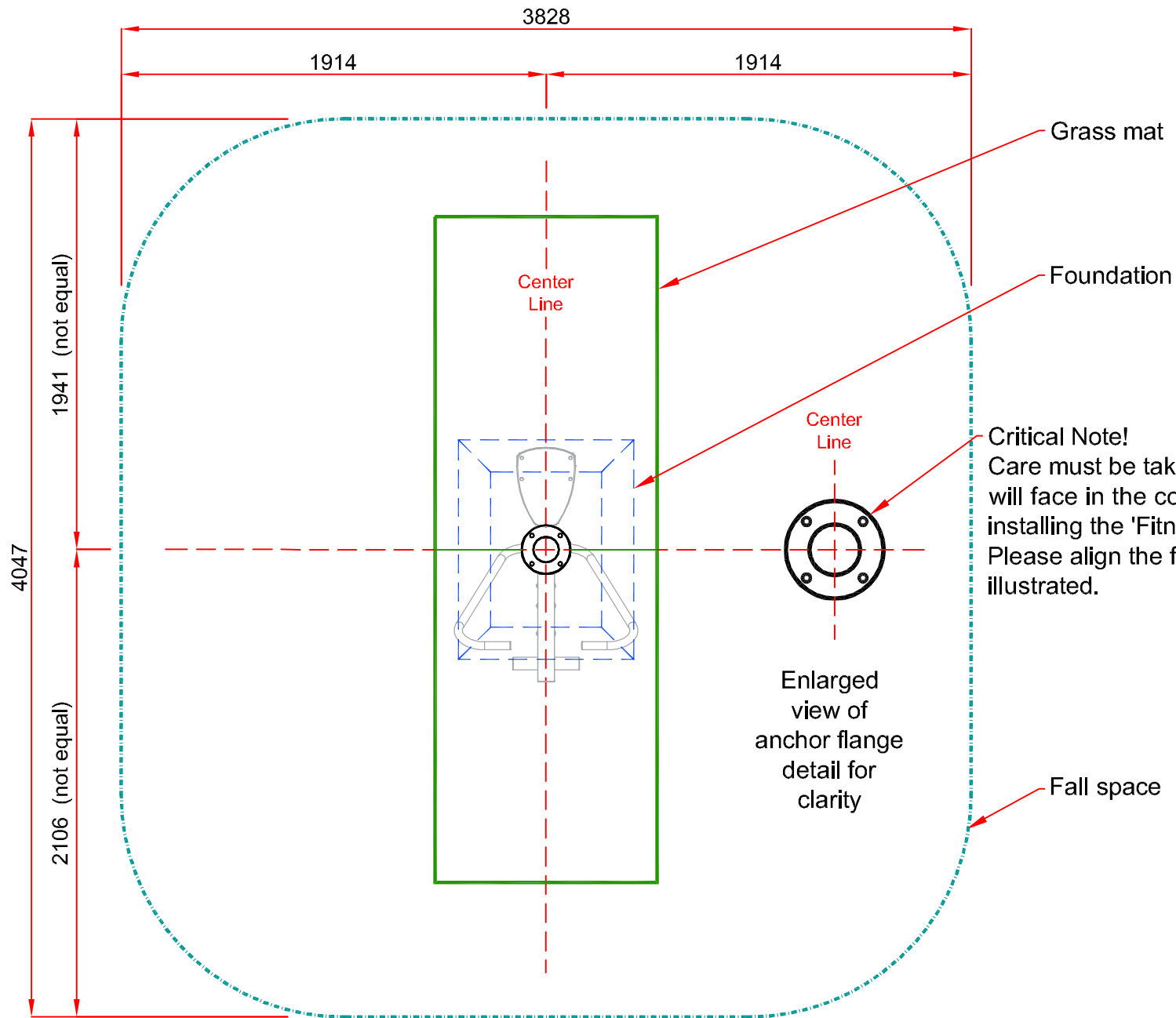
Care must be taken to ensure the equipment will face in the correct direction whilst installing the 'Fitness Range Ground Anchor'. Please align the flange hole centers as illustrated.

Center Line

Enlarged view of anchor flange detail for clarity



FS011N Handle Boat



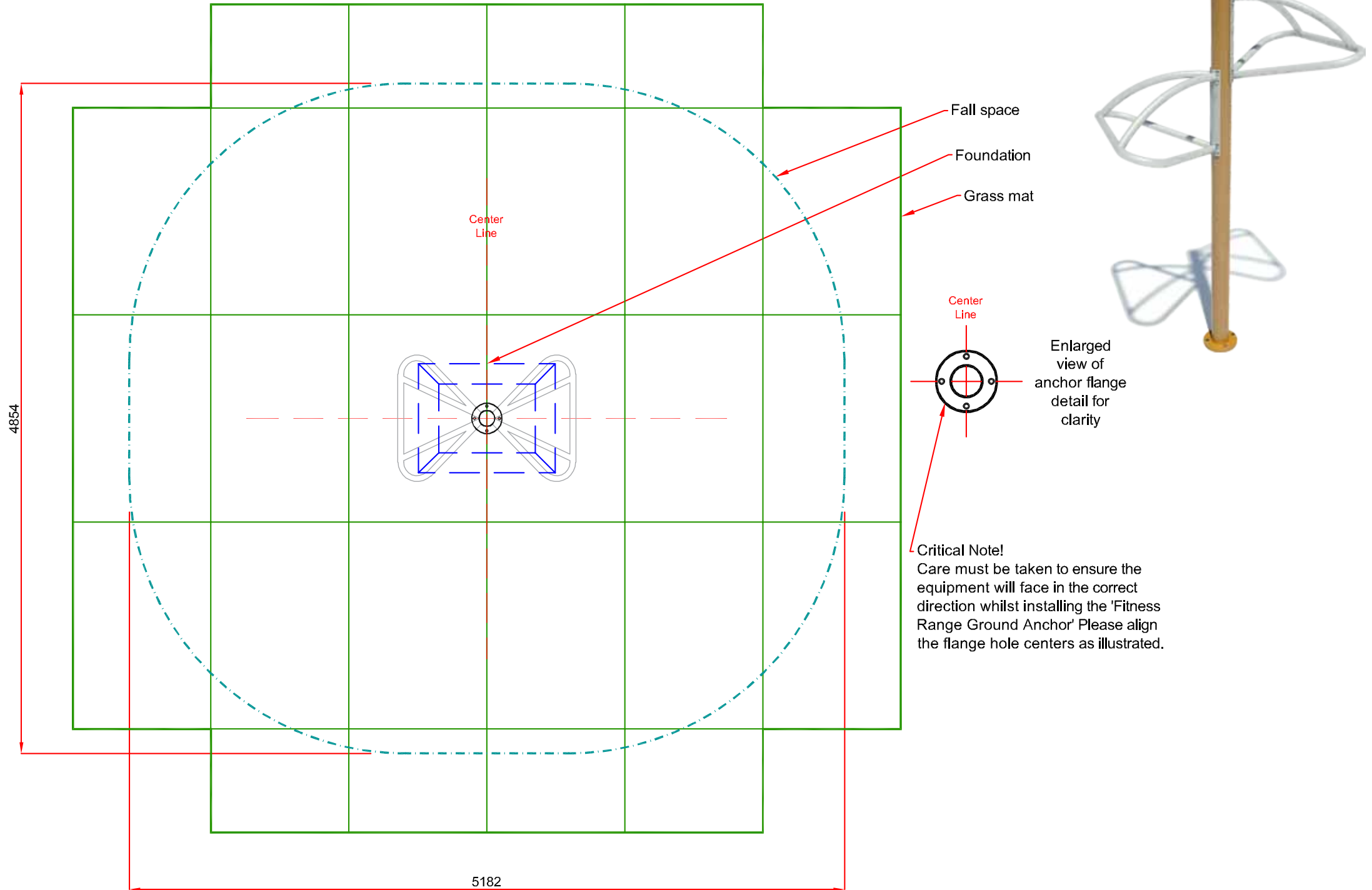
Grass mat

Foundation

Critical Note!
Care must be taken to ensure the equipment will face in the correct direction whilst installing the 'Fitness Range Ground Anchor'. Please align the flange hole centers as illustrated.

Fall space

FS015N Pull-Up



FS016N Trinity Cycle

